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**This guide is designed to help you make decisions about your health**. During your next healthcare provider visit, consider asking the questions below as you work together on your care plan, and determine whether biologics are a good treatment option for you.

## **YOUR TREATMENT**

Are biologics an option for me and/or my condition?

Are there other treatment options I should try before considering biologics?

What are the benefits I may expect if I use a biologic?

What are the potential risks or side effects I may experience if I use a biologic?

Can I combine biologics with other treatment options?

What are my next steps if biologics aren't right for me?

## YOUR DAY-TO-DAY LIFE

How are biologics administered, and how often?

Will I have to travel to a healthcare facility to receive my dose?

For how long will I have to take biologics?

Will the cost be covered under my insurance plan? If not, what are my payment options?