My Life with Atopic Dermatitis

I am always stressed and embarrassed about it.

I can't work due to extreme cracking, itching and bleeding on both hands.

I'm careful about touching people, as they might think the condition is contagious.

I completely avoid being intimate with people.

Doctors take it seriously, but they don't always offer creative methods to address the issue. I want to find a solution to AD as opposed to merely managing the symptoms.

My creams are just a band-aid solution that don't work anymore.

When I asked my dermatologist questions about the condition, I was told to read about it online.

I'm not able to do a lot of my hobbies due to my hands breaking out.