


Hidradenitis Suppurativa: More Than A Skin Disease

Hidradenitis Suppurativa (HS) is an inflammatory skin condition affecting up to 4% of North Americans and characterized by recurrent boils in the folds of skin, resulting in unpleasant odour and discharge.

HS is **3X** more common in 

Those with HS may also be at  risk for many other conditions.

Cancer

A rare but severe complication of severe HS is squamous cell carcinoma, a common type of skin cancer.


Metabolic Syndrome

Up to **50%** of people with HS may have this group of conditions that can include diabetes, abdominal disease, high blood pressure and high cholesterol.


Severe Acne

Those with HS may also have acne and other inflammatory skin conditions including pilonidal disease, which leads to a large abscess near the tailbone.

Arthritis

People with HS may be at  risk for this disease, marked by inflammation of the joints.

Depression

At least  1 in 5 people with HS have depression, with the risk even higher in those with severe HS.

Crohn's Disease

This inflammatory bowel condition is **3X** more likely in those with HS.

+ Symptoms:

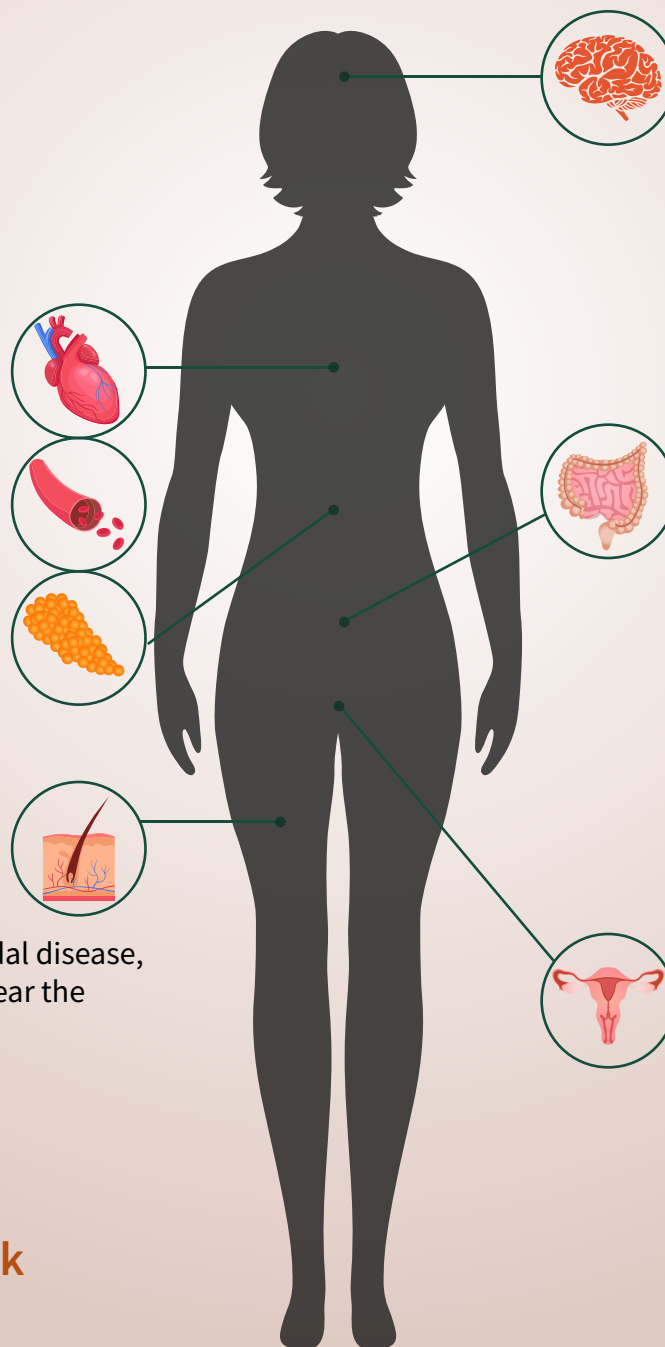
Abdominal pain, bloody stools and diarrhea

Polycystic Ovary Syndrome

Caused by a hormonal imbalance, up to **38%** of women with HS also have PCOS.

+ Symptoms:

Irregular periods, excessive hair on face and back



For more information:

<http://www.canadianskin.ca/skin-conditions-and-diseases#hidradenitis-suppurativa>