



# You have rights.

To live without fear.  
Without discrimination.  
With dignity and respect.

Rights protect us all.  
Your skin protects you.  
This charter protects you and your skin.

# SKIN PATIENT CHARTER OF RIGHTS

[canadianskin.ca/charter](http://canadianskin.ca/charter)

- 1** Live without fear of discrimination due to the appearance of your skin;
- 2** Be acknowledged that living with a skin condition may have profound effects on overall well-being including physical, emotional, social and financial aspects, which can be just as significant as other diseases are to other patients;
- 3** Be entitled to societal, employment and government resources should your diagnosis have debilitating effects;
- 4** Receive comprehensive, evidence-based information about your skin condition, disease, or trauma including the expected impact on your health and available treatment options (including potential side-effects) as well as a prognosis;
- 5** Maintain your dignity, respect and absolute confidentiality during exams, procedures and treatments;
- 6** Access to counselling on lifestyle changes and preventive measures known to aid in the management of your disease, including physical activity, diet modification and the avoidance of triggers;
- 7** Discuss psychosocial concerns resulting from skin disease, and to receive information on coping strategies and referrals to mental health resources as needed; and
- 8** Be actively engaged in all treatment decisions as you are the ultimate decision-maker including modifications and additions to treatment plans as appropriate.



Canadian Skin Patient Alliance  
Alliance canadienne des  
patients en dermatologie

ENDORSED BY:



SUPPORTED BY:

