# Meet Dr. Megan Lam

# Educational Resource Developer Contributor, "Top Stories in Research" Column, *Canadian Skin* Magazine



## Dr. Megan Lam, MD, BSc

Dermatology Resident, University of Toronto

#### What do you perceive as outcomes of your involvement?

Sabrina Ribau, the Programs Manager at CSPA, reached out with an opportunity to regularly contribute to the "Top Stories in Research" article series. As a dermatology resident, I am thrilled to be involved at the forefront of translating new and exciting findings in research and their implications for patients and caregivers.

## Why would you tell others that they should get involved with CSPA?

Volunteering with the CSPA allows for opportunities to stay connected with what's new in patientcentered resources, and gain insight into patient perspectives, while also giving back to the community in a meaningful and important way.

## Why do you like volunteering with CSPA?

I personally have enjoyed interacting with colleagues to explore and discuss important topics in dermatology. Collaborating with experts, patients, and caregivers alike has been invaluable.

#### Has a personal connection with the skin patient community inspired your participation?

I deeply empathize with patients who have shared their journeys with me in the clinical setting on how their skin health has impacted their lives, and I often hear about how support groups and patient community resources are great sources of comfort for them. I am so proud to be involved in an outstanding organization with such strong patient-centered roots, and I hope to continue to be involved in patient advocacy and community supports.